



Medical Emergency

- Call medical emergency phone number:
 - Paramedics
 - Ambulance
 - Fire Department
 - Other
- Provide the following information:
 - a. Nature of medical emergency,
 - b. Location of the emergency (address, building),
 - c. Your name and phone number from which you are calling.

Do not move victim unless absolutely necessary.

If personnel trained in First Aid are not available, as a minimum, attempt to provide the following assistance:

1. Stop the bleeding with firm pressure on the wounds (note: avoid contact with blood or other bodily fluids).
 2. Clear the air passages using the Heimlich Maneuver in case of choking.
- In case of rendering assistance to personnel exposed to hazardous materials, consult the OSHA manual in the dispensary and wear the appropriate personal protective equipment. Attempt first aid **ONLY** if trained and qualified.